



## Rule of Two Policy

### Purpose:

This policy aims to ensure that all interactions and communications are open, observable, and justifiable. The policy intends to protect participants, (especially minors) and coaches in potentially vulnerable situations by ensuring that a coach is never alone with an athlete.

### Scope:

This policy applies to all individuals involved with Edmonton Sting Football Club (ESFC), including but not limited to coaches, referees, volunteers, and administrators.

### Policy Statement:

The Rule of Two states that there will always be two screened and NCCP - Trained or certified coaches with an athlete in situations where the athlete is potentially vulnerable. One-on-one interactions with a coach and an athlete, without another individual present, must be avoided in all circumstances except medical emergencies.

### Standards:

- Expected Standard Majority of the time- Safest Possible Environment - Two screened and NCCP trained or certified coaches.
- Acceptable Standard 1 - occasionally if another screened and NCCP trained or certified coach is not available - a screened "Person in Authority".
- Acceptable Standard 2 - Temporarily if a "Person in Authority" is not available - another adult such as a parent/guardian of an athlete should be asked to temporarily substitute or even another athlete.
- Not acceptable unless a medical emergency - One screened and NCCP trained or certified coach.

### Applying the Rule of Two in a Virtual Setting:

The Rule of Two should continue to apply to all minor athletes in virtual environments (additionally, for those athletes under age 16, a parent or guardian should be present during the session where possible). It is recommended that the Rule of Two be applied to non-minor athletes, as well, in the current circumstances.

**Conclusion:**

By following this policy, we can ensure that all individuals involved in ESFC are protected, (especially minors) and coaches in potentially vulnerable situations by ensuring that a coach is never alone with an athlete.